ADVENTURES FINDER PRESENTS

YOGA RETREAT IN THE DOMINICAN REPUBLIC

MIN 15 PARTICIPANTS MAX 30 PARTICIPANTS

FROM \$1,400 USD R PERSON BASED O

KI-RA MEANS HOUSE OF THE SPIRIT OF THE FARTH" IN TAINO

We are a retreat center, a holistic spa, and a family home. This is your gateway to nature—an oasis of natural beauty where the power of nature nourishes and heals. It's a place to relax, recover, reconnect, and realign, Enjoy healing food, take a boat to a paradisjacal island, explore Taino caves, experience natural and holistic therapies, and learn to heal from within. Here, we embrace a holistic approach to life with a sense of relaxation and Caribbean pleasure.

"THIS PACKAGE INCLUDES"

- * Private round-trip bus transfers from the airport to
- * the Holistic Center.
- * 7 nights / 8 days at the Ki-Ra Eco-lodge, a natural
- * retreat guaranteeing tranquility.
- * Full board, including breakfast, lunch, and dinner
- * An exceptional organic, vegetarian cuisine made
- * from scratch (meat or fish options available upon request).
- * All drinks, juices, smoothies, and water included (no alcohol or carbonated beverages available on-site).
- * Dedicated space for daily yoga and meditation (3 days of classes).
- * A wellness day (including a mud bath).
- * Motivational evening, testimonials, and bonfire.
- * A catamaran excursion to visit the stunning beaches of Catalina Island and the artistic village of Altos de Chavón.



"EXTRA PERKS"

At Ki-Ra, we use food as medicine. We offer a delicious range of tropical vegetarian dishes with strong Ayurvedic influences, carefully prepared with love and all their health benefits. Your medicine has never tasted this good!



"SAMPLE MEALS"

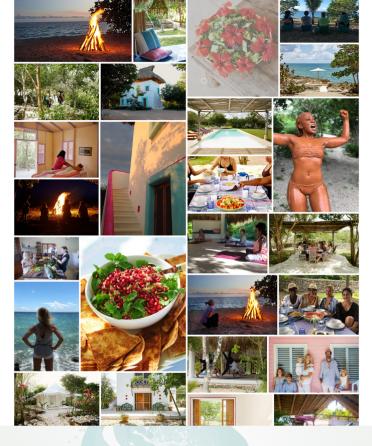
- Breakfast: Coconut porridge with Lunch: Asian summer rolls with banana and cinnamon/quinoa, fresh local fruits, gluten-free bread made on-site, pineapple-ginger tea.
 - lime/soy sauce, Thai coconut noodle soup, tomato salad, quava sorbet.
- · Dinner: Chickpeas in butter tea. beetroot soup with coconut and tamarind, green salad, cassava crackers.

"SPA TREATMENTS"

- * Ayurvedic massage \$100
- * Reflexology \$120
- * Shirodhara \$100
- * Herbal colon cleanse \$60
- * Hip bath \$10
- * Consultations with Kyra
- * Naturopathy and Ayurvedic therapy \$150
- * Ayurvedic nutrition
- * Cooking classes \$120
- * Juice fasting day \$80



Herbergement	Nombre de lit		Extra lit	Nombre de personne	Equipement			Prix par personne Occ. Simple		Prix par personne Occ. Double/Triple	
Torre Azul	1 lit king			2	Toilettes privées	Air Climatisé	Terrasse privée	CAD	2,150.00	CAD	1,600.00
Torre Rosada	1 lit Queen	1 lit Queen		4	toilettes privées	Air Climatisé	Terrasse partagée	CAD	1,950.00	CAD	1,500.00
Mariposa	1 lit Queen			2	toilettes privées	Air Climatisé	Terrasse partagée	CAD	2,150.00	CAD	1,600.00
Buddha Barn	1 lit Queen	1 lit Queen		4	toilettes privées	Air Climatisé	Terrasse partagée	CAD	1,950.00	CAD	1,500.00
Cabina Rosada	1 lit Queen		1 lit Simple	3	toilettes privées	Air Climatisé	Terrasse partagée	CAD	2,150.00	CAD	1,400.00
Cabina Spa	1 lit Queen	1 lit Queen		4	toilettes privées	Fan	Terrasse partagée	CAD	1,900.00	CAD	1,400.00
Glamping Oceanfront	1 lit Queen		1	2	toilettes privées	Fan	Terrasse privée	CAD	1,900.00	CAD	1,400.00
Simon House	1 litking		1 lit Queen	4	toilettes privées	Fan	Terrasse partagée	CAD	2,100.00	CAD	1,300.00
Iris	1 lit Queen			2	Toilette partagée	Fan	Terrasse partagée	CAD	2,100.00	CAD	1,400.00
Oscar	1 lit Queen			2	toilettes privées	Fan	Terrasse partagée	CAD	2,100.00	CAD	1,400.00
Finlay	1 lit Queen			2	Toilette partagée	Fan	Terrasse privée	CAD	2,100.00	CAD	1,400.00
Talulha Dortoire	1 lit Queen	2 lit Simple	1 lit Simple	5	Toilette partagée	Fan	place commune	CAD	1,900.00	CAD	1,300.00
TOTAL UNITS	TOTAL	DELITS	Extra	TOTAL PAX		7	-1759715	100	4.1	N. 19	
	47			30	CA WINDS						









CONTACT US:

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