

ADVENTURES FINDER PRESENTS

YOGA

YOGA RETREAT IN THE DOMINICAN REPUBLIC

MIN 15 PARTICIPANTS
MAX 30 PARTICIPANTS

FROM
\$1,400 USD
PER PERSON BASED ON
DOUBLE OCCUPANCY

KI-RA MEANS " HOUSE OF THE SPIRIT OF THE EARTH" IN TAÍNO

We are a retreat center, a holistic spa, and a family home. This is your gateway to nature—an oasis of natural beauty where the power of nature nourishes and heals. It's a place to relax, recover, reconnect, and realign. Enjoy healing food, take a boat to a paradisiacal island, explore Taino caves, experience natural and holistic therapies, and learn to heal from within. Here, we embrace a holistic approach to life with a sense of relaxation and Caribbean pleasure.

"THIS PACKAGE INCLUDES"

- * Private round-trip bus transfers from the airport to the Holistic Center.
- * 7 nights / 8 days at the Ki-Ra Eco-lodge, a natural retreat guaranteeing tranquility.
- * Full board, including breakfast, lunch, and dinner
- * An exceptional organic, vegetarian cuisine made from scratch (meat or fish options available upon request).
- * All drinks, juices, smoothies, and water included (no alcohol or carbonated beverages available on-site).
- * Dedicated space for daily yoga and meditation (3 days of classes).
- * A wellness day (including a mud bath).
- * Motivational evening, testimonials, and bonfire.
- * A catamaran excursion to visit the stunning beaches of Catalina Island and the artistic village of Altos de Chavón.



"EXTRA PERKS"

At Ki-Ra, we use food as medicine. We offer a delicious range of tropical vegetarian dishes with strong Ayurvedic influences, carefully prepared with love and all their health benefits. Your medicine has never tasted this good!



"SAMPLE MEALS"

- **Breakfast:** Coconut porridge with banana and cinnamon/quinoa, fresh local fruits, gluten-free bread made on-site, pineapple-ginger tea.
- **Lunch:** Asian summer rolls with lime/soy sauce, Thai coconut noodle soup, tomato salad, guava sorbet.
- **Dinner:** Chickpeas in butter tea, beetroot soup with coconut and tamarind, green salad, cassava crackers.

"SPA TREATMENTS"

- * Ayurvedic massage – \$100
- * Reflexology – \$120
- * Shiordhara – \$100
- * Herbal colon cleanse – \$60
- * Hip bath – \$10
- * Consultations with Kyra
- * Naturopathy and Ayurvedic therapy – \$150
- * Ayurvedic nutrition
- * Cooking classes – \$120
- * Juice fasting day – \$80



	ROOM	# OF BED	Extra BED	# PAX	EQUIPMENT			PRICE PER PAX SINGLE OCC.		PRICE PER PAX DOUBLE/TRIPLE	
1	Torre Azul	1 KING BED		2	PRI. BATHROOM	AC	PRIVATE TERRACE	USD	2,150.00	USD	1,600.00
2	Torre Rosada	1 QUEEN BED	1 QUEEN BED	4	PRI. BATHROOM	AC	PRIVATE TERRACE	USD	1,950.00	USD	1,500.00
3	Mariposa	1 QUEEN BED		2	PRI. BATHROOM	AC	PRIVATE TERRACE	USD	2,150.00	USD	1,600.00
4	Buddha Barn	1 QUEEN BED	1 QUEEN BED	4	PRI. BATHROOM	AC	SHARE TERRACE	USD	1,950.00	USD	1,500.00
5	Cabina Rosada	1 QUEEN BED		3	PRI. BATHROOM	AC	SHARE TERRACE	USD	2,150.00	USD	1,400.00
6	Cabina Spa	1 QUEEN BED	1 QUEEN BED	4	PRI. BATHROOM	Fan	SHARE TERRACE	USD	1,900.00	USD	1,400.00
7	Glampling Oceanfront	1 QUEEN BED		2	PRI. BATHROOM	Fan	PRIVATE TERRACE	USD	1,900.00	USD	1,400.00
8	Simon House	1 KING BED	1 QUEEN BED	4	PRI. BATHROOM	Fan	SHARE TERRACE	USD	2,100.00	USD	1,300.00
9	Iris	1 QUEEN BED		2	SHARE BATHROOM	Fan	SHARE TERRACE	USD	2,100.00	USD	1,400.00
10	Oscar	1 QUEEN BED		2	PRI. BATHROOM	Fan	SHARE TERRACE	USD	2,100.00	USD	1,400.00
11	Finlay	1 QUEEN BED		2	SHARE BATHROOM	Fan	PRIVATE TERRACE	USD	2,100.00	USD	1,400.00
12	Talulha Doroine	1 QUEEN BED	2 SINGLE BED	5	SHARE BATHROOM	Fan	SHARE TERRACE	USD	1,900.00	USD	1,300.00
	TOTAL UNITS	12	TOTAL OF BEDS	37							
			Extra	TOTAL PAX							
				36							



CONTACT US:

OLIVER LEVESQUE: 849-352-7441
vpsales@adventuresfinder.com

